

THE GOOD SHEPHERD PARISH WORSHIPPING AT

SACRED HEART CHURCH.

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Vigil Mass. 1st Sunday of Lent Saturday 17th 6.00pm. Sunday 18th

Sunday Mass 9.30am.

Stations of the Cross 4.00pm.

Vespers (Evening Prayer)

Key:

Ap.

Ab

Вр D

Μ

R

Apostle

Abbott Bishop

Doctor

Martyr

Priest

Religious Virgin

Benediction

Tuesday 20th 10.00am **Eucharistic Service.**

Wednesday 21st Mass. St. Peter Damian Bp D 10.00am

Thursday 22nd 5.45pm Exposition and Benediction

> Chair of St. Peter 6.30pm Mass

10.00am Mass St Polycarp Bp M Friday 23rd

Saturday 24th 10.00am Celebration of First Reconciliations

Sacramental Programme Children

11.00-11.30am Confessions

Saturday24th Vigil Mass. 2nd Sunday of Lent 6.00pm.

9.30am. Sunday 25th **Sunday Mass**

> **Stations of the Cross** 4.00pm.

> > **Vespers (Evening Prayer)**

Benediction

Calling everyone who volunteers to do anything to help in or around the parish! Thank you to those of you who have given your

names, contact details (to ensure the ones we have are current) and the 'jobs' you do to help. We have received a number, but still need other people who are involved to 'book in' with us again. Email us or fill in a form in the sacristy, if you would, please. Fr. Peter

CAFOD FAMILY FAST DAY FRIDAY 23rd FEBRUARY

This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good.

Please pray that our sisters and brothers around the world have what they need to feed their families.

There will be envelopes at the back of church or you can give online at <u>cafod.org.uk</u>

Lent resources

During Lent, the diocese will be sharing a range of resources to accompany people in prayer over the coming weeks. The resources have been created to support our journey throughout this Year of Prayer, as we prepare for the Pilgrims of Hope Jubilee in 2025. Resources can be accessed via the diocesan social media channels or by visiting the website at https://dioceseofsalford.org.uk/lent-2024-rediscovering-prayer/

The Stations of the Cross

Almost every Catholic Church has a series of 14/15 pictures around the wall. This tells the story of Jesus' journey from his sentencing by Pontius Pilate to be crucified to his death and burial. There are many ways to pray this 'action prayer'.

There are books of meditations you can read.

You can say your own prayers at each of the pictures 'Stations"

or you can simply walk round, look at the pictures and think.

After all, the name 'Station' simply means a place where you stand. (As in stationary, or a place where the bus or the train stands so that you can get on it.) Don't be shy about people seeing you just walking round the church and looking and meditating on what happens in each Station.

Perhaps make a point of coming to a communal celebration of The

Stations of the Cross on Sunday afternoon during Lent or after one of the morning Masses.

A prayer often said at each Station is:

I love you, Jesus, my love above all things.
I repent with my whole heart for having offended you,
Never permit me to separate myself from you again.
Grant that I may love you always
and then do with me what you will. Amen.