

**THE GOOD SHEPHERD PARISH  
WORSHIPPING AT  
SACRED HEART CHURCH.**

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**Saturday 10th  
Sunday 11th**

**6.00pm.  
9.30am.**

**Vigil Mass 6th Sunday in Ordinary Time  
Sunday Mass**

Tuesday 13th

10.00am Mass.

Wednesday 14th

**Ash Wednesday**

**First Day of LENT**

**Day of Fasting and Abstinence**

10.00am Mass with distribution of Ashes

7.00pm Mass with distribution of Ashes

Key:	Ap.	Apostle
	Ab	Abbott
	Bp	Bishop
	D	Doctor
	M	Martyr
	P	Priest
	R	Religious
	V	Virgin

Thursday 15th

5.45pm Exposition and Benediction

6.30pm Mass

Friday 16th

10.00am Mass

Saturday 17th

11.00-11.30 Confessions

Seven Holy Founders of the Servite Order

**Saturday 17th  
Sunday 18th**

**6.00pm.  
9.30am.  
4.00pm.**

**Vigil Mass. 1st Sunday of Lent  
Sunday Mass  
Stations of the Cross  
Vespers (Evening Prayer)  
Benediction**



**Ash Wednesday** begins Lent. It is a day of **FASTING** (one meal and a couple of snacks are allowed) and **ABSTINENCE** (meat is not allowed today).

Lent is a time to review and renew our **PRAYER** our **SELF CONTROL** and our **CHARITY** in preparation to celebrate **EASTER**, the death and resurrection of Jesus our Saviour.

# Calling everyone who volunteers to do anything to help in or around the parish!

Do you do anything to support the life of the parish in any way on a reasonably regular basis? This could be anything from church cleaning to reading, to being a Eucharistic Minister, to welcoming, to brewing up, to assisting the Food Bank, to arranging flowers or indeed absolutely anything, if it is done reasonably regularly.

We are asking EVERYONE who does anything to give in their name and at least one way of contacting them, phone, email, home address, and a general idea of what they do. Please send an email to the office or drop a note into a box which will be in the sacristy. We will have simple forms available if that makes it easier.

*It is important that we tell you that this list will be used only in connection with the volunteering you do and will not be made available to any other person for any other reason!*

Please do not presume that we have your name and contact details already. Please send them to us again so that we can have an up-to-date list.

Many thanks in anticipation of your support in this. Fr. Peter.

## The Stations of the Cross

Almost every Catholic Church has a series of 14/15 pictures around the wall. This tells the story of Jesus' journey from his sentencing by Pontius Pilate to be crucified to his death and burial.

There are many ways to pray this '**action prayer**'.

There are books of meditations you can read.

You can say your own prayers at each of the pictures 'Stations'

or you can simply walk round, look at the pictures and think.

After all, the name 'Station' simply means a place where you stand. (As in stationary, or a place where the bus or the train stands so that you can get on it.) Don't be shy about people seeing you just walking round the church and looking and meditating on what happens in each Station.

Perhaps make a point of coming to a communal celebration of The Stations of the Cross on Sunday afternoon during Lent or after one of the morning Masses.

A prayer often said at each Station is:

**I love you, Jesus, my love above all things.**

**I repent with my whole heart for having offended you,**

**Never permit me to separate myself from you again.**

**Grant that I may love you always**

**and then do with me what you will. Amen.**

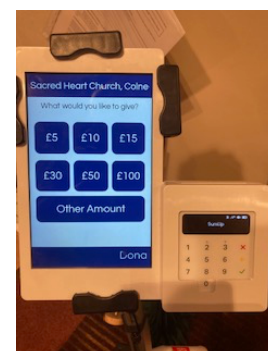


## Card Machine, Gift Aiding and online donations.

You can access our card machine on your phone or computer. This gives you an easy way to donate to the parish. In particular it gives you a simple way to register your card for Gift Aid - if you wish - so that your donations either at home or on our machine will be increased by 25% by the tax office at no cost to yourself - as long as you have earned enough to cover the tax refund for the parish.

Here's the link to our card machine on-line:

<https://donate.myдона.com/sacred-heart-church-colne>



Thank you once again for your generosity. Fr. Peter