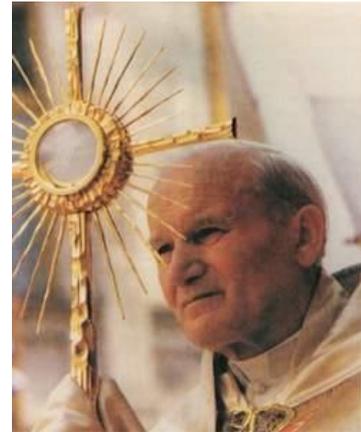


## **The Solemnity of the Most Holy Body and Blood of Jesus Christ.**

Happy Feast Day for this most Catholic of Feasts. Today we celebrate what we as Catholics revere as the most sacred element of our Faith in Jesus Christ and his Church.

The Eucharist has been described on many occasions as “the source and the summit of our Faith.” Everything we are as Catholics comes from our belief in the Eucharist as the ultimate Sacramental gift of God which, by uniting us to Jesus Christ through the gift of Himself, unites us to the Most Holy Trinity. And since our ultimate unity with the God, Father, Son and Holy Spirit is our ultimate destiny and the ultimate reason for our creation and existence, then the Eucharist is also the summit of our Faith. Our Eucharistic union with Christ in the liturgy of the Mass reaches its fulfilment in the eternal liturgy of Heaven, where, with the angels and saints, we will, please God, worship God for ever in glory.



Right from the days of the Apostolic Church, after the Ascension and Pentecost, the early Church defined itself as those who came together to share the Word of God, to unite in the Breaking of Bread, and to do charitable works for the poor. That's who we were, and it's still who we are. To be a Catholic is to be part of the people of God who receive God through His Word, His Sacred Eucharist and to share the Love of God through charitable works.

We have received two downloadable resources from the Diocese.

### **Pastoral Message and Worksheet**

As part of Hope in the Future Stage 3 we have been reflecting on our parish liturgies. On Sunday, the Church celebrates the feast of Corpus Christi. Although we can't currently gather in our churches, parish teams may wish to use this resource to reflect on meeting Jesus in the liturgy of the Eucharist and how even now during these challenging times we can experience special graces from the Lord. The worksheet includes a pastoral message from Bishop John, teaching on this part of the Mass and discussion and reflection questions. Please feel free to share this on your parish website and social media for individuals and families to reflect on. Teams may wish to meet virtually to discuss or discuss at a later date.

[The Pastoral Message and Worksheet can be found here.](#)

### **Prayer Resource - Lord's Day at Home**

If you would like to say the prayers along with the livestream of Mass, the Lord's Day at Home resource can help you. You can find [this week's Lord's Day at Home here.](#)

### **Collection money and supporting the Parish**

Some of you are asking about making you weekly offerings to the parish. Some are dropping envelopes in at the presbyteries. That is fine and we are very grateful, especially since we recognise that this will be a very serious financial time for some of you. If you wish to donate by bank transfer or Standing Order, please see the item on the Newsletter page of the website. Donate to Parish. I've moved it up above Trinity Sunday and below this Sunday. Grateful thanks, Fr. Peter